

Centelles CEN 0* 90 Km

11/09/2009

Clas.	Dor.	Jinete			Caballo				Total Tiempo	Total Recup.	Vel.C.Eliminación
1	1	Relats Garriga, Miquel			Tra Azor 3				05:52:29	00:09:44	15,15
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:21:38	9:23:58	1:21:38	1:23:58	0:02:20	15,01 Km/h			
	2	9:53:58	11:43:58	11:46:14	1:50:00	1:52:16	0:02:16	14,96 Km/h			
	3	12:16:14	13:35:42	13:37:52	1:19:28	1:21:38	0:02:10	15,43 Km/h			
	4	14:17:52	15:29:31	15:32:29	1:11:39	1:14:37	0:02:58	15,28 Km/h			
2	4	Manubens Vergara, Pere			Maver Didala				06:30:37	00:08:02	13,67
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:19	9:30:41	1:28:19	1:30:41	0:02:22	13,89 Km/h			
	2	10:00:41	12:08:55	12:10:11	2:08:14	2:09:30	0:01:16	12,97 Km/h			
	3	12:40:11	14:10:57	14:12:59	1:30:46	1:32:48	0:02:02	13,58 Km/h			
	4	14:52:59	16:08:15	16:10:37	1:15:16	1:17:38	0:02:22	14,68 Km/h			
3	6	Pujadas Casellas, Berta			Liebling Donaueschingen Bin 1				06:41:24	00:16:10	13,30
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:32:47	9:35:58	1:32:47	1:35:58	0:03:11	13,13 Km/h			
	2	10:05:58	12:17:05	12:18:53	2:11:07	2:12:55	0:01:48	12,64 Km/h			
	3	12:48:53	14:16:53	14:19:57	1:28:00	1:31:04	0:03:04	13,84 Km/h			
	4	14:59:57	16:13:17	16:21:24	1:13:20	1:21:27	0:08:07	14,00 Km/h			
4	5	Casellas Mila, Anna			Ainhoa Zilkakh				06:46:54	00:17:40	13,12
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:33:00	9:36:41	1:33:00	1:36:41	0:03:41	13,03 Km/h			
	2	10:06:41	12:18:22	12:22:33	2:11:41	2:15:52	0:04:11	12,37 Km/h			
	3	12:52:33	14:18:48	14:22:07	1:26:15	1:29:34	0:03:19	14,07 Km/h			
	4	15:02:07	16:20:25	16:26:54	1:18:18	1:24:47	0:06:29	13,45 Km/h			
5	2	Henrich Ballester, Joat			Diveere				06:49:30	00:12:18	13,04
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:32:22	9:35:16	1:32:22	1:35:16	0:02:54	13,23 Km/h			
	2	10:05:16	12:17:02	12:19:15	2:11:46	2:13:59	0:02:13	12,54 Km/h			
	3	12:49:15	14:16:56	14:20:46	1:27:41	1:31:31	0:03:50	13,77 Km/h			
	4	15:00:46	16:26:09	16:29:30	1:25:23	1:28:44	0:03:21	12,85 Km/h			
6	7	Llorens Torres, Oriol			Fer-sed				05:52:26	00:00:00	0,00 TROTE
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:01	9:30:32	1:28:01	1:30:32	0:02:31	13,92 Km/h			
	2	10:00:32	11:46:51	11:48:13	1:46:19	1:47:41	0:01:22	15,60 Km/h			
	3	12:18:13	13:36:58	13:38:03	1:18:45	1:19:50	0:01:05	15,78 Km/h			
	4	14:18:03	15:29:34	15:32:26	1:11:31	1:14:23	0:02:52	15,33 Km/h			
7	3	Manubens Vergara, Fatima			Maver Ford				03:57:54	00:00:00	0,00 TROTE
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:17	9:30:55	1:28:17	1:30:55	0:02:38	13,86 Km/h			
	2	10:00:55	12:26:02	12:27:54	2:25:07	2:26:59	0:01:52	11,43 Km/h			