

Centelles CEI * 90 Km

11/09/2009

Clas.	Dor.	Jinete		Caballo					Total Tiempo	Total Recup.	Vel.C.Elminación
1	14	Yebra Altimiras, Cristina		Guru Al Sasha					05:38:57	00:10:03	15,75
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:12	9:30:15	1:28:12	1:30:15	0:02:03	13,96 Km/h			
	2	10:00:15	11:49:21	11:52:26	1:49:06	1:52:11	0:03:05	14,98 Km/h			
	3	12:22:26	13:37:27	13:42:22	1:15:01	1:19:56	0:04:55	15,76 Km/h			
	4	14:22:22	15:18:57	15:25:53	0:56:35	1:03:31	0:06:56	20,15 Km/h			
2	8	Serrabassa Fabre, Nuria		Casba					05:48:12	00:07:43	15,34
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:07	9:30:04	1:28:07	1:30:04	0:01:57	13,99 Km/h			
	2	10:00:04	11:49:18	11:50:56	1:49:14	1:50:52	0:01:38	15,15 Km/h			
	3	12:20:56	13:37:37	13:41:45	1:16:41	1:20:49	0:04:08	15,59 Km/h			
	4	14:21:45	15:28:12	15:32:48	1:06:27	1:11:03	0:04:36	17,16 Km/h			
3	5	Roma Puig, Josep		Badi Venus					05:57:45	00:10:33	14,93
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:06	9:29:53	1:28:06	1:29:53	0:01:47	14,02 Km/h			
	2	9:59:53	11:49:16	11:52:53	1:49:23	1:53:00	0:03:37	14,87 Km/h			
	3	12:22:53	13:41:02	13:46:11	1:18:09	1:23:18	0:05:09	15,13 Km/h			
	4	14:26:11	15:37:45	15:43:51	1:11:34	1:17:40	0:06:06	15,93 Km/h			
4	12	Estalella Santacana, Eva		Elquef del vent					06:26:17	00:04:58	13,82
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:32:14	9:32:50	1:32:14	1:32:50	0:00:36	13,57 Km/h			
	2	10:02:50	12:13:16	12:14:59	2:10:26	2:12:09	0:01:43	12,71 Km/h			
	3	12:44:59	14:09:46	14:12:25	1:24:47	1:27:26	0:02:39	14,41 Km/h			
	4	14:52:25	16:06:17	16:12:21	1:13:52	1:19:56	0:06:04	15,43 Km/h			
5	15	Dura Marti Santi		Choukran del Vent					06:26:20	00:03:43	13,82
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:32:25	9:32:40	1:32:25	1:32:40	0:00:15	13,60 Km/h			
	2	10:02:40	12:18:50	12:19:40	2:16:10	2:17:00	0:00:50	12,26 Km/h			
	3	12:49:40	14:09:43	14:12:21	1:20:03	1:22:41	0:02:38	15,24 Km/h			
	4	14:52:21	16:06:20	16:13:13	1:13:59	1:20:52	0:06:53	15,41 Km/h			
6	10	Garcia Houvinen, Alina Vappu		Bohemia					06:28:11	00:09:24	13,76
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:37:43	9:41:50	1:37:43	1:41:50	0:04:07	12,37 Km/h			
	2	10:11:50	12:14:32	12:17:12	2:02:42	2:05:22	0:02:40	13,40 Km/h			
	3	12:47:12	14:10:53	14:13:30	1:23:41	1:26:18	0:02:37	14,60 Km/h			
	4	14:53:30	16:08:11	16:11:00	1:14:41	1:17:30	0:02:49	15,26 Km/h			
7	20	Mercade Barbany, Josep Lluís		Aguasal 50%					06:28:13	00:11:21	13,76
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:37:40	9:41:38	1:37:40	1:41:38	0:03:58	12,40 Km/h			
	2	10:11:38	12:14:29	12:17:48	2:02:51	2:06:10	0:03:19	13,32 Km/h			
	3	12:47:48	14:10:51	14:14:55	1:23:03	1:27:07	0:04:04	14,46 Km/h			
	4	14:54:55	16:08:13	16:13:23	1:13:18	1:18:28	0:05:10	15,55 Km/h			
8	13	Capdevila Rovira, Francesc		Falgarsa *					06:30:48	00:12:37	13,66
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:28:33	9:32:37	1:28:33	1:32:37	0:04:04	13,60 Km/h			
	2	10:02:37	12:09:00	12:13:12	2:06:23	2:10:35	0:04:12	12,87 Km/h			
	3	12:43:12	14:11:02	14:15:23	1:27:50	1:32:11	0:04:21	13,67 Km/h			
	4	14:55:23	16:10:48	16:16:58	1:15:25	1:21:35	0:06:10	15,12 Km/h			
9	9	Codina Bau, Roger		Gyula					06:33:20	00:07:32	13,58
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:32:43	9:34:52	1:32:43	1:34:52	0:02:09	13,28 Km/h			
	2	10:04:52	12:16:56	12:19:30	2:12:04	2:14:38	0:02:34	12,48 Km/h			
	3	12:49:30	14:16:50	14:19:39	1:27:20	1:30:09	0:02:49	13,98 Km/h			
	4	14:59:39	16:13:20	16:16:21	1:13:41	1:16:42	0:03:01	15,47 Km/h			
10	6	Cañellas Roca, Esther		Mol La Alhambra					06:37:31	00:11:33	13,43
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:36:27	9:40:20	1:36:27	1:40:20	0:03:53	12,56 Km/h			
	2	10:10:20	12:19:57	12:23:37	2:09:37	2:13:17	0:03:40	12,60 Km/h			
	3	12:53:37	14:20:41	14:24:41	1:27:04	1:31:04	0:04:00	13,84 Km/h			
	4	15:04:41	16:17:31	16:21:24	1:12:50	1:16:43	0:03:53	15,65 Km/h			
11	11	Pares Roura, Gerard *		Cara Sucia					06:37:39	00:09:40	13,43
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:36:50	9:39:47	1:36:50	1:39:47	0:02:57	12,63 Km/h			
	2	10:09:47	12:20:12	12:23:04	2:10:25	2:13:17	0:02:52	12,60 Km/h			
	3	12:53:04	14:20:44	14:24:35	1:27:40	1:31:31	0:03:51	13,77 Km/h			
	4	15:04:35	16:17:39	16:21:52	1:13:04	1:17:17	0:04:13	15,60 Km/h			
12	1	Martinez Segade, Luis Miguel		Jeloua Du Sauveterre					06:40:22	00:10:52	13,34
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:33:05	9:36:27	1:33:05	1:36:27	0:03:22	13,06 Km/h			
	2	10:06:27	12:18:25	12:22:44	2:11:58	2:16:17	0:04:19	12,33 Km/h			
	3	12:52:44	14:18:44	14:21:55	1:26:00	1:29:11	0:03:11	14,13 Km/h			
	4	15:01:55	16:20:22	16:26:54	1:18:27	1:24:59	0:06:32	14,53 Km/h			
13	4	Anfruns Llado, Jordi		Limonero Larzac					06:40:28	00:10:21	13,33
	Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
	1	8:00:00	9:33:06	9:36:36	1:33:06	1:36:36	0:03:30	13,04 Km/h			
	2	10:06:36	12:18:28	12:22:05	2:11:52	2:15:29	0:03:37	12,40 Km/h			

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Clas.	Dor.	Jinete			Caballo			Total Tiempo	Total Recup.	Vel. C.Eliminación
3	12:52:05	14:18:50	14:22:04	1:26:45	1:29:59	0:03:14	14,00 Km/h			
4	15:02:04	16:20:28	16:26:54	1:18:24	1:24:50	0:06:26	14,54 Km/h			
14	19 Prat Guitart, Marta	Lazim						06:40:29	00:08:33	13,33
	<u>Fase</u>	<u>Salida</u>	<u>Llegada</u>	<u>Control</u>	<u>T.Meta</u>	<u>T.Control</u>	<u>T.Recup</u>	<u>Velocidad</u>	<u>Pulso</u>	
	1	8:00:00	9:32:19	9:35:21	1:32:19	1:35:21	0:03:02	13,21 Km/h		
	2	10:05:21	12:17:00	12:19:18	2:11:39	2:13:57	0:02:18	12,54 Km/h		
	3	12:49:18	14:17:00	14:20:13	1:27:42	1:30:55	0:03:13	13,86 Km/h		
	4	15:00:13	16:20:29	16:29:30	1:20:16	1:29:17	0:09:01	14,20 Km/h		
15	2 Ganachippi Martinez, Jose	Djbel Du Pont						06:40:29	00:10:25	13,33
	<u>Fase</u>	<u>Salida</u>	<u>Llegada</u>	<u>Control</u>	<u>T.Meta</u>	<u>T.Control</u>	<u>T.Recup</u>	<u>Velocidad</u>	<u>Pulso</u>	
	1	8:00:00	9:33:03	9:36:31	1:33:03	1:36:31	0:03:28	13,05 Km/h		
	2	10:06:31	12:18:20	12:22:03	2:11:49	2:15:32	0:03:43	12,40 Km/h		
	3	12:52:03	14:18:41	14:21:55	1:26:38	1:29:52	0:03:14	14,02 Km/h		
	4	15:01:55	16:20:29	16:26:54	1:18:34	1:24:59	0:06:25	14,51 Km/h		
16	16 Font Jordana, Marina	Ubayd						04:41:06	00:00:00	0,00 TROTE
	<u>Fase</u>	<u>Salida</u>	<u>Llegada</u>	<u>Control</u>	<u>T.Meta</u>	<u>T.Control</u>	<u>T.Recup</u>	<u>Velocidad</u>	<u>Pulso</u>	
	1	8:00:00	9:28:07	9:30:11	1:28:07	1:30:11	0:02:04	13,97 Km/h		
	2	10:00:11	11:49:24	11:51:24	1:49:13	1:51:13	0:02:00	15,11 Km/h		
	3	12:21:24	13:37:34	13:41:06	1:16:10	1:19:42	0:03:32	15,81 Km/h		
17	17 Serrano Pineda Francisco	Esso Klass						03:17:18	00:00:00	0,00 TROTE
	<u>Fase</u>	<u>Salida</u>	<u>Llegada</u>	<u>Control</u>	<u>T.Meta</u>	<u>T.Control</u>	<u>T.Recup</u>	<u>Velocidad</u>	<u>Pulso</u>	
	1	8:00:00	9:37:35	9:39:55	1:37:35	1:39:55	0:02:20	12,61 Km/h		
	2	10:09:55	11:44:04	11:47:18	1:34:09	1:37:23	0:03:14	17,25 Km/h		
18	18 Puigbo Montull, Gemma	Reala						01:46:47	00:00:00	0,00 VEL BAJA
	<u>Fase</u>	<u>Salida</u>	<u>Llegada</u>	<u>Control</u>	<u>T.Meta</u>	<u>T.Control</u>	<u>T.Recup</u>	<u>Velocidad</u>	<u>Pulso</u>	
	1	8:00:00	9:37:49	9:46:47	1:37:49	1:46:47	0:08:58	11,80 Km/h		