

Cantoni CEN 0* 90 Km

22/08/2009

Clas.	Dor.	Jinete			Caballo			Total Tiempo	Total Recup.	Vel. C.Eliminación
9 Sala Noguera, David		Gaeia			06:32:50	00:20:36	13,44			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:39:26	9:44:28	1:34:26	1:39:28	0:05:02	12,67 Km/h			
2	10:14:28	11:49:51	11:51:45	1:35:23	1:37:17	0:01:54	14,19 Km/h			
3	12:21:45	13:52:29	14:01:42	1:30:44	1:39:57	0:09:13	12,61 Km/h			
4	14:41:42	16:13:23	16:17:50	1:31:41	1:36:08	0:04:27	14,36 Km/h			
13 Yebra Altimiras, Cristina		Guru Al Sasha			06:47:04	00:40:48	12,97			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:35:00	9:41:54	1:30:00	1:36:54	0:06:54	13,00 Km/h			
2	10:11:54	11:41:31	11:45:46	1:29:37	1:33:52	0:04:15	14,70 Km/h			
3	12:15:46	13:46:05	14:04:06	1:30:19	1:48:20	0:18:01	11,63 Km/h			
4	14:44:06	16:20:26	16:32:04	1:36:20	1:47:58	0:11:38	12,78 Km/h			
6 Guiteras Riupairo, Anna		Badi Venus			06:51:40	00:21:27	12,83			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:39:11	9:45:42	1:34:11	1:40:42	0:06:31	12,51 Km/h			
2	10:15:42	11:56:21	11:59:45	1:40:39	1:44:03	0:03:24	13,26 Km/h			
3	12:29:45	14:08:37	14:15:47	1:38:52	1:46:02	0:07:10	11,88 Km/h			
4	14:55:47	16:32:18	16:36:40	1:36:31	1:40:53	0:04:22	13,68 Km/h			
4 Zurita Casas, Sara		Alredina			07:05:18	00:46:49	12,41			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:35:00	9:43:36	1:30:00	1:38:36	0:08:36	12,78 Km/h			
2	10:13:36	11:41:37	11:48:12	1:28:01	1:34:36	0:06:35	14,59 Km/h			
3	12:18:12	13:52:38	14:03:38	1:34:26	1:45:26	0:11:00	11,95 Km/h			
4	14:43:38	16:29:40	16:50:18	1:46:02	2:06:40	0:20:38	10,89 Km/h			
5 Mercade Barbany, Josep Lluís		Aguasal 50%			07:17:36	00:38:26	12,07			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:35:00	9:47:32	1:30:00	1:42:32	0:12:32	12,29 Km/h			
2	10:17:32	11:56:00	12:01:22	1:38:28	1:43:50	0:05:22	13,29 Km/h			
3	12:31:22	14:08:46	14:23:17	1:37:24	1:51:55	0:14:31	11,26 Km/h			
4	15:03:17	16:56:35	17:02:36	1:53:18	1:59:19	0:06:01	11,57 Km/h			
12 Camprubi Font, Carla		Croat - Cost			07:17:58	00:33:38	12,06			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:39:20	9:44:54	1:34:20	1:39:54	0:05:34	12,61 Km/h			
2	10:14:54	11:50:30	11:54:05	1:35:36	1:39:11	0:03:35	13,91 Km/h			
3	12:24:05	13:58:48	14:15:24	1:34:43	1:51:19	0:16:36	11,32 Km/h			
4	14:55:24	16:55:05	17:02:58	1:59:41	2:07:34	0:07:53	10,82 Km/h			
3 Rodriguez Flores, Joan		Bohemia			08:30:50	00:36:39	10,34			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:50:18	9:58:03	1:45:18	1:53:03	0:07:45	11,15 Km/h			
2	10:28:03	12:29:17	12:37:17	2:01:14	2:09:14	0:08:00	10,68 Km/h			
3	13:07:17	14:59:40	15:09:30	1:52:23	2:02:13	0:09:50	10,31 Km/h			
4	15:49:30	18:04:46	18:15:50	2:15:16	2:26:20	0:11:04	9,43 Km/h			
1 Vilaplana Chicharro, Javier		Tinka			06:53:20	00:00:00	0,00 TROTE			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:32:00	9:38:53	1:27:00	1:33:53	0:06:53	13,42 Km/h			
2	10:08:53	11:40:32	11:44:49	1:31:39	1:35:56	0:04:17	14,38 Km/h			
3	12:14:49	13:46:14	13:56:53	1:31:25	1:42:04	0:10:39	12,34 Km/h			
4	14:36:53	16:34:16	16:38:20	1:57:23	2:01:27	0:04:04	11,36 Km/h			
2 Carol Clapes, Guillem		Salima II			05:12:39	00:00:00	0,00 TROTE			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:35:00	9:45:08	1:30:00	1:40:08	0:10:08	12,58 Km/h			
2	10:15:08	11:49:42	11:59:09	1:34:34	1:44:01	0:09:27	13,27 Km/h			
3	12:29:09	13:58:51	14:17:39	1:29:42	1:48:30	0:18:48	11,61 Km/h			
7 Llorens Rodriguez, Pere		Flyng Tornade			05:25:13	00:00:00	0,00 RETIRADO			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:39:28	9:50:12	1:34:28	1:45:12	0:10:44	11,98 Km/h			
2	10:20:12	11:56:43	12:03:19	1:36:31	1:43:07	0:06:36	13,38 Km/h			
3	12:33:19	14:11:46	14:30:13	1:38:27	1:56:54	0:18:27	10,78 Km/h			
10 Serrabassa Fabre, Mireia		Ilik			05:25:16	00:00:00	0,00 RETIRADO			
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso		
1	8:05:00	9:39:15	9:53:07	1:34:15	1:48:07	0:13:52	11,65 Km/h			
2	10:23:07	11:56:38	12:03:45	1:33:31	1:40:38	0:07:07	13,71 Km/h			
3	12:33:45	14:11:49	14:30:16	1:38:04	1:56:31	0:18:27	10,81 Km/h			