

CAMPRODON VC 60 Km

19/07/2009

Clas.	Dor.	Jinete			Caballo				Total Tiempo	Total Recup.	Vel.C.Elminación
9 Bossoms Fernandez Marc		Petit			05:46:16	00:22:18	10,40				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:42:20	10:49:12	1:42:20	1:49:12	0:06:52	10,99 Km/h	0			
2	11:19:12	13:04:41	13:11:14	1:45:29	1:52:02	0:06:33	10,71 Km/h	0			
3	13:41:14	15:37:23	15:46:16	1:56:09	2:05:02	0:08:53	9,60 Km/h	0			
10 Chappuis Ballve Iris		Perika			05:58:01	00:31:15	10,06				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:43:07	10:55:34	1:43:07	1:55:34	0:12:27	10,38 Km/h	0			
2	11:25:34	13:11:49	13:18:50	1:46:15	1:53:16	0:07:01	10,59 Km/h	0			
3	13:48:50	15:46:14	15:58:01	1:57:24	2:09:11	0:11:47	9,29 Km/h	0			
6 Masnou Sariols, Carme		Puso			06:04:45	00:32:09	9,87				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:43:30	10:53:54	1:43:30	1:53:54	0:10:24	10,54 Km/h	0			
2	11:23:54	13:11:51	13:20:45	1:47:57	1:56:51	0:08:54	10,27 Km/h	0			
3	13:50:45	15:51:54	16:04:45	2:01:09	2:14:00	0:12:51	8,96 Km/h	0			
8 Pi Masnou, Ivet		Quatre Du Chene			06:04:46	00:32:14	9,87				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:43:32	10:53:49	1:43:32	1:53:49	0:10:17	10,54 Km/h	0			
2	11:23:49	13:11:52	13:20:55	1:48:03	1:57:06	0:09:03	10,25 Km/h	0			
3	13:50:55	15:51:52	16:04:46	2:00:57	2:13:51	0:12:54	8,97 Km/h	0			
4 Estalella Santacana, Eva		Heura			06:09:13	00:37:38	9,75				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:50:35	11:01:37	1:50:35	2:01:37	0:11:02	9,87 Km/h	0			
2	11:31:37	13:15:24	13:24:40	1:43:47	1:53:03	0:09:16	10,61 Km/h	0			
3	13:54:40	15:51:53	16:09:13	1:57:13	2:14:33	0:17:20	8,92 Km/h	0			
2 Esclusa Prat, Eudald		Hissam IC			06:11:43	00:18:31	9,68				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:50:38	10:57:21	1:50:38	1:57:21	0:06:43	10,23 Km/h	0			
2	11:27:21	13:18:39	13:24:32	1:51:18	1:57:11	0:05:53	10,24 Km/h	0			
3	13:54:32	16:05:48	16:11:43	2:11:16	2:17:11	0:05:55	8,75 Km/h	0			
1 Capdevila Rovira, Francesc		Falgarsa *			06:20:22	00:34:22	9,46				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:50:43	11:04:31	1:50:43	2:04:31	0:13:48	9,64 Km/h	0			
2	11:34:31	13:33:27	13:44:33	1:58:56	2:10:02	0:11:06	9,23 Km/h	0			
3	14:14:33	16:10:54	16:20:22	1:56:21	2:05:49	0:09:28	9,54 Km/h	0			
5 Cugat Pelegri, Eduard		Elquefdel vent			06:22:00	00:34:38	9,42				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:50:37	11:02:02	1:50:37	2:02:02	0:11:25	9,83 Km/h	0			
2	11:32:02	13:15:30	13:24:57	1:43:28	1:52:55	0:09:27	10,63 Km/h	0			
3	13:54:57	16:08:14	16:22:00	2:13:17	2:27:03	0:13:46	8,16 Km/h	0			
3 Briones Peña, Jordi		vouge			14:00:00	00:00:00	0,00 NO COM REC				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:58:12	11:09:54	1:58:12	2:09:54	0:11:42	9,24 Km/h	0			
2	11:39:54	13:39:07	13:47:37	1:59:13	2:07:43	0:08:30	9,40 Km/h	0			
3	14:17:37	0:00:00	0:00:00	9:42:23	9:42:23	0:00:00	2,06 Km/h	0			
11 Vizcaino Viñas, Emma *		Eritrea			03:40:53	00:00:00	0,00 NO COM REC				
Fase	Salida	Llegada	Control	T.Meta	T.Control	T.Recup	Velocidad	Pulso			
1	9:00:00	10:43:20	10:46:20	1:43:20	1:46:20	0:03:00	11,29 Km/h	0			
2	11:16:20	13:04:39	13:10:53	1:48:19	1:54:33	0:06:14	10,48 Km/h	0			